



43. Alteburglauf

Arnstadt / 06.05.2022

Detailed evaluation

Soppart, Daniel

Club: Stadtilm
Number: 27

Course: 21.10 km
Halbmarathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:43:30

Speed: 12.17 km/h
Running performance: 4:55 min/km

Rank in course/Total: 6 (of 32)

Rank in course/Men: 6 (of 29)

Best time in course: 1:26:29

Rank in category: 1(of 3)

Best time in the category: 1:43:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	51:12	4:55	1	-	4	8:52	10.40	51:12	4:55	1	-	4	8:52
Alteburg-Turm	10.70	52:18	4:53	1	-	7	27:53	21.10	1:43:30	4:54	1	-	6	17:01