



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Fritsch, Alexander

Club: Rennsteiglaufverein/LG Süd  
Number: 75

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 44:10

Speed: 13.58 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 5 (of 86)

Rank in course/Men: 5 (of 61)

Best time in course: 40:39

Rank in category: 3(of 10)

Best time in the category: 40:39