



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Holland-Letz, Lara

Club: SGJugendkraft Crawinkel e.V.  
Number: 291

Course: 1.20 km  
Schüler- und Jedermannslauf

Category:  
Jederfrau 1,2 km

Total time: 6:35

Speed: 9.11 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 48 (of 106)

Rank in course/Women: 15 (of 49)

Best time in course: 5:30

Rank in category: 5(of 7)

Best time in the category: 5:30