



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Stutzig, Henrik

Club: Katholische Laufjugend Arnstadt
Number: 139

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 45:36

Speed: 13.95 km/h
Running performance: 4:18 min/km

Rank in course/Total: 7 (of 86)

Rank in course/Men: 7 (of 61)

Best time in course: 40:39

Rank in category: 1(of 6)

Best time in the category: 45:36