



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

**Stutzig, Henrik**

Club: Katholische Laufjugend Arnstadt  
Number: 139

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 45:36

Speed: 13.16 km/h  
Running performance: 4:18 min/km

Rank in course/Total: 7 (of 86)

Rank in course/Men: 7 (of 61)

Best time in course: 40:39

Rank in category: 1(of 6)

Best time in the category: 45:36