



43. Alteburglauf  
Arnstadt / 06.05.2022

Detailed evaluation

Garz, Christian

Club: N3 Sportverein e.V.  
Number: 6

Course: 21.10 km  
Halbmarathon

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:47:24

Speed: 11.79 km/h  
Running performance: 5:05 min/km

Rank in course/Total: 10 (of 32)

Rank in course/Men: 10 (of 29)

Best time in course: 1:26:29

Rank in category: 4(of 8)

Best time in the category: 1:26:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	53:04	5:06	4	10:44	13	10:44	10.40	53:04	5:06	4	10:44	13	10:44
Alteburg-Turm	10.70	54:20	5:04	4	29:55	10	29:55	21.10	1:47:24	5:05	4	20:55	10	20:55