



43. Alteburglauf
 Arnstadt / 06.05.2022

Detailed evaluation

Garz, Christian

Club: N3 Sportverein e.V.
 Number: 6

Course: 21.10 km
 Halbmarathon

Category:
 Senioren M35 (35-39 Jahre)

Total time: 1:47:24

Speed: 11.73 km/h
 Running performance: 5:05 min/km

Rank in course/Total: 10 (of 32)

Rank in course/Men: 10 (of 29)

Best time in course: 1:26:29

Rank in category: 4(of 8)

Best time in the category: 1:26:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	10.40	53:04	5:06	4	10:44	13	10:44	10.40	53:04	5:06	4	10:44	13	10:44
Alteburg-Turm	10.70	54:20	5:04	4	29:55	10	29:55	21.10	1:47:24	5:05	4	20:55	10	20:55