



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Bähr, Johannes

Number: 53

Course: 10.60 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 50:25

Speed: 11.90 km/h

Running performance: 4:46 min/km

Rank in course/Total: 19 (of 86)

Rank in course/Men: 18 (of 61)

Best time in course: 40:39

Rank in category: 6(of 10)

Best time in the category: 40:39