



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Grosser, Christopher

Club: Vier Generationen Team
Number: 8

Course: 21.10 km
Halbmarathon

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:50:44

Speed: 11.38 km/h
Running performance: 5:15 min/km

Rank in course/Total: 14 (of 32)

Rank in course/Men: 14 (of 29)

Best time in course: 1:26:29

Rank in category: 6(of 8)

Best time in the category: 1:26:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	10.40	54:36	5:15	6	12:16	16	12:16	10.40	54:36	5:15	6	12:16	16	12:16
Alteburg-Turm	10.70	56:08	5:14	5	31:43	11	31:43	21.10	1:50:44	5:14	6	24:15	14	24:15