



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Gerngroß, Thomas

Club: ThSV 1886 Geschwenda
Number: 73

Course: 10.60 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:19

Speed: 12.16 km/h
Running performance: 4:56 min/km

Rank in course/Total: 26 (of 86)

Rank in course/Men: 25 (of 61)

Best time in course: 40:39

Rank in category: 3(of 5)

Best time in the category: 45:51