



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Jacob, Catrin

Club: Arnstadt  
Number: 96

Course: 10.60 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 52:20

Speed: 12.15 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 27 (of 86)  
Rank in course/Women: 2 (of 25)  
Best time in course: 48:57

Rank in category: 1(of 2)  
Best time in the category: 52:20