



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Ritter, Siegfried

Number: 155

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 55:51

Speed: 10.74 km/h

Running performance: 5:16 min/km

Rank in course/Total: 36 (of 86)

Rank in course/Men: 34 (of 61)

Best time in course: 40:39

Rank in category: 1(of 3)

Best time in the category: 55:51