



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Röser, Christian

Club: SV Fortuna Singen
Number: 126

Course: 10.60 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 56:46

Speed: 10.57 km/h
Running performance: 5:22 min/km

Rank in course/Total: 39 (of 86)

Rank in course/Men: 36 (of 61)

Best time in course: 40:39

Rank in category: 7(of 12)

Best time in the category: 47:31