



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Röder, Katja

Club: Arnstadt
Number: 124

Course: 10.60 km
Hauptlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 56:53

Speed: 10.55 km/h
Running performance: 5:22 min/km

Rank in course/Total: 41 (of 86)
Rank in course/Women: 4 (of 25)
Best time in course: 48:57

Rank in category: 2(of 7)
Best time in the category: 48:57