



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Selig, Aileen

Club: Trailrunning-Crew Thüringen
Number: 133

Course: 10.60 km
Hauptlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 58:17

Speed: 10.29 km/h
Running performance: 5:30 min/km

Rank in course/Total: 44 (of 86)
Rank in course/Women: 6 (of 25)
Best time in course: 48:57

Rank in category: 2(of 6)
Best time in the category: 56:08