



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

**Kneise, Wolfram**

Club: Langstrecke Arnstadt  
Number: 99

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:01:02

Speed: 9.83 km/h  
Running performance: 5:46 min/km

Rank in course/Total: 54 (of 86)

Rank in course/Men: 45 (of 61)

Best time in course: 40:39

Rank in category: 8(of 10)

Best time in the category: 40:39