



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Kneise, Wolfram

Club: Langstrecke Arnstadt
Number: 99

Course: 10.60 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:01:02

Speed: 9.83 km/h
Running performance: 5:46 min/km

Rank in course/Total: 54 (of 86)

Rank in course/Men: 45 (of 61)

Best time in course: 40:39

Rank in category: 8(of 10)

Best time in the category: 40:39