



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

**Erdmann, Stefanie**

Club: LSV Lok Arnstadt  
Number: 68

Course: 10.60 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:01:32

Speed: 9.75 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 56 (of 86)  
Rank in course/Women: 10 (of 25)  
Best time in course: 48:57

Rank in category: 4(of 6)  
Best time in the category: 56:08