



43. Alteburglauf  
 Arnstadt / 06.05.2022

Detailed evaluation

Seibert, Christian

Club: Arnstadt  
 Number: 26

Course: 21.10 km  
 Halbmarathon

Category:  
 Senioren M50 (50-54 Jahre)

Total time: 2:03:26

Speed: 10.21 km/h  
 Running performance: 5:51 min/km

Rank in course/Total: 22 (of 32)

Rank in course/Men: 22 (of 29)

Best time in course: 1:26:29

Rank in category: 6(of 9)

Best time in the category: 1:43:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wendestelle	10.40	1:01:44	5:56	8	10:30	24	19:24	10.40	1:01:44	5:56	8	10:30	24	19:24
Alteburg-Turm	10.70	1:01:42	5:45	5	10:18	19	37:17	21.10	2:03:26	5:50	6	20:18	22	36:57