



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

**Furch, Norbert**

Club: Arnstadt  
Number: 76

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:04:22

Speed: 9.32 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 65 (of 86)

Rank in course/Men: 53 (of 61)

Best time in course: 40:39

Rank in category: 10(of 10)

Best time in the category: 40:39