



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Freitag, Carolin

Club: GutsMuths-Rennsteiglaufverein
Number: 157

Course: 10.60 km
Hauptlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:07:48

Speed: 8.85 km/h
Running performance: 6:24 min/km

Rank in course/Total: 75 (of 86)
Rank in course/Women: 18 (of 25)
Best time in course: 48:57

Rank in category: 5(of 7)
Best time in the category: 48:57