



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Sander, Kira

Number: 127

Course: 10.60 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 1:08:22

Speed: 8.78 km/h

Running performance: 6:27 min/km

Rank in course/Total: 77 (of 86)

Rank in course/Women: 20 (of 25)

Best time in course: 48:57

Rank in category: 1(of 1)

Best time in the category: 1:08:22