



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Bogen, Norman

Club: Laufftreff Alteburg
Number: 63

Course: 10.60 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:10:32

Speed: 8.51 km/h
Running performance: 6:39 min/km

Rank in course/Total: 80 (of 86)

Rank in course/Men: 58 (of 61)

Best time in course: 40:39

Rank in category: 6(of 6)

Best time in the category: 45:36