



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

**Dehmel, Gerhard**

Club: ThwV Ilmenau  
Number: 67

Course: 10.60 km  
Hauptlauf

Category:  
Senioren M80 (80-84 Jahre)

Total time: 1:15:39

Speed: 7.93 km/h  
Running performance: 7:08 min/km

Rank in course/Total: 82 (of 86)

Rank in course/Men: 59 (of 61)

Best time in course: 40:39

Rank in category: 1(of 1)

Best time in the category: 1:15:39