



43. Alteburglauf  
Arnstadt / 06.05.2022

## Detailed evaluation

Gräßler, Jenny

Club: Arnstadt  
Number: 81

Course: 10.60 km  
Hauptlauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 1:15:59

Speed: 7.90 km/h  
Running performance: 7:10 min/km

Rank in course/Total: 83 (of 86)  
Rank in course/Women: 24 (of 25)  
Best time in course: 48:57

Rank in category: 6(of 7)  
Best time in the category: 48:57