



43. Alteburglauf
Arnstadt / 06.05.2022

Detailed evaluation

Hahnemann, Norbert

Club: SG Motor Arnstadt
Number: 11

Course: 21.10 km
Halbmarathon

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:18:45

Speed: 9.08 km/h
Running performance: 6:35 min/km

Rank in course/Total: 28 (of 32)

Rank in course/Men: 27 (of 29)

Best time in course: 1:26:29

Rank in category: 1(of 2)

Best time in the category: 2:18:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wendestelle	10.40	1:04:53	6:14	1	-	26	22:33	10.40	1:04:53	6:14	1	-	26	22:33
Alteburg-Turm	10.70	1:13:52	6:54	2	0:57	29	49:27	21.10	2:18:45	6:34	1	-	27	52:16