



8. Arnstädter Alteburgstaffellauf

Arnstadt / 25.05.2022

Detailed evaluation

Lauftreff Alteburg Arnstadt

Club: Lauftreff Alteburg Arnstadt

Number: 19

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 32:26

Speed: 11.10 km/h

Running performance: 05:25 min/km

Rank in course: 10 (of 32)

Best time in course: 28:28

Rank in category: 10(of 32)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:41	5:34	22	2:32	22	2:32	1.20	6:41	5:34	22	2:32	22	2:32
Wechsel	1.20	6:38	5:31	10	1:28	10	1:28	2.40	13:19	5:32	17	3:17	17	3:17
Wechsel	1.20	6:38	5:31	7	1:03	7	1:03	3.60	19:57	5:32	13	4:06	13	4:06
Wechsel	1.20	6:29	5:24	10	1:07	10	1:07	4.80	26:26	5:30	12	3:56	12	3:56
Finish	1.20	6:00	5:00	13	0:43	13	0:43	6.00	32:26	5:24	10	3:58	10	3:58