



8. Arnstädter Alteburgstaffellauf

Arnstadt / 25.05.2022

Detailed evaluation

Arnstädter Lehrer

Club: Arnstädter Lehrer

Number: 30

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 34:01

Speed: 10.58 km/h

Running performance: 05:40 min/km

Rank in course: 17 (of 32)

Best time in course: 28:28

Rank in category: 17(of 32)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:35	4:39	8	1:26	8	1:26	1.20	5:35	4:39	8	1:26	8	1:26
Wechsel	1.20	8:40	7:13	28	3:30	28	3:30	2.40	14:15	5:56	23	4:13	23	4:13
Wechsel	1.20	7:06	5:55	15	1:31	15	1:31	3.60	21:21	5:55	20	5:30	20	5:30
Wechsel	1.20	6:12	5:10	7	0:50	7	0:50	4.80	27:33	5:44	16	5:03	16	5:03
Finish	1.20	6:28	5:23	19	1:11	19	1:11	6.00	34:01	5:40	17	5:33	17	5:33