



8. Arnstädter Alteburgstaffellauf

Arnstadt / 25.05.2022

Detailed evaluation

RSV Adler Arnstadt

Club: RSV Adler Arnstadt

Number: 23

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 28:50

Speed: 12.49 km/h

Running performance: 04:49 min/km

Rank in course: 3 (of 32)

Best time in course: 28:28

Rank in category: 3(of 32)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:12	4:20	4	1:03	4	1:03	1.20	5:12	4:20	4	1:03	4	1:03
Wechsel	1.20	5:58	4:58	3	0:48	3	0:48	2.40	11:10	4:39	2	1:08	2	1:08
Wechsel	1.20	5:40	4:43	2	0:05	2	0:05	3.60	16:50	4:40	2	0:59	2	0:59
Wechsel	1.20	6:11	5:09	6	0:49	6	0:49	4.80	23:01	4:47	3	0:31	3	0:31
Finish	1.20	5:49	4:50	8	0:32	8	0:32	6.00	28:50	4:48	3	0:22	3	0:22