



8. Arnstädter Alteburgstaffellauf

Arnstadt / 25.05.2022

Detailed evaluation

Gynokokken

Club: Gynokokken

Number: 14

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 36:25

Speed: 9.89 km/h

Running performance: 06:04 min/km

Rank in course: 22 (of 32)

Best time in course: 28:28

Rank in category: 22(of 32)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Wechsel	1.20	6:49	5:40	23	2:40	23	2:40	1.20	6:49	5:40	23	2:40	23	2:40	
Wechsel	1.20	6:53	5:44	16	1:43	16	1:43	2.40	13:42	5:42	20	3:40	20	3:40	
Wechsel	1.20	8:25	7:00	25	2:50	25	2:50	3.60	22:07	6:08	24	6:16	24	6:16	
Wechsel	1.20	8:05	6:44	25	2:43	25	2:43	4.80	30:12	6:17	24	7:42	24	7:42	
Finish	1.20	6:13	5:10	17	0:56	17	0:56	6.00	36:25	6:04	22	7:57	22	7:57	