



8. Arnstädter Alteburgstaffellauf

Arnstadt / 25.05.2022

Detailed evaluation

RennRegenbogen

Club: RennRegenbogen

Number: 22

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 50:38

Speed: 7.11 km/h

Running performance: 08:26 min/km

Rank in course: 32 (of 32)

Best time in course: 28:28

Rank in category: 32(of 32)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Pos		Behind	
				Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total	
Wechsel	1.20	9:58	8:18	32	5:49	32	5:49	1.20	9:58	8:18	32	5:49	32	5:49	
Wechsel	1.20	9:30	7:55	30	4:20	30	4:20	2.40	19:28	8:06	32	9:26	32	9:26	
Wechsel	1.20	9:41	8:04	32	4:06	32	4:06	3.60	29:09	8:05	32	13:18	32	13:18	
Wechsel	1.20	10:26	8:41	31	5:04	31	5:04	4.80	39:35	8:14	32	17:05	32	17:05	
Finish	1.20	11:03	9:12	32	5:46	32	5:46	6.00	50:38	8:26	32	22:10	32	22:10	