



8. Arnstädter Alteburgstaffellauf

Arnstadt / 25.05.2022

Detailed evaluation

LSV Lok Arnstadt

Club: LSV Lok Arnstadt

Number: 20

Course: 6.00 km

Staffel 5 x 1,2 km

Category:

Staffel

Total time: 31:35

Speed: 11.40 km/h

Running performance: 05:16 min/km

Rank in course: 8 (of 32)

Best time in course: 28:28

Rank in category: 8(of 32)

Best time in the category: 28:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	5:57	4:57	14	1:48	14	1:48	1.20	5:57	4:57	14	1:48	14	1:48
Wechsel	1.20	6:39	5:32	11	1:29	11	1:29	2.40	12:36	5:15	12	2:34	12	2:34
Wechsel	1.20	6:45	5:37	9	1:10	9	1:10	3.60	19:21	5:22	11	3:30	11	3:30
Wechsel	1.20	6:26	5:21	9	1:04	9	1:04	4.80	25:47	5:22	9	3:17	9	3:17
Finish	1.20	5:48	4:49	7	0:31	7	0:31	6.00	31:35	5:15	8	3:07	8	3:07