



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Hoyer, Maximilian

Club: sc impuls erfurt

Number: 6

Course: 5.00 km

5-km-Lauf

Category:

Männer (20-29 Jahre)

Total time: 18:36

Speed: 16.13 km/h

Running performance: 3:43 min/km

Rank in course/Total: 4 (of 29)

Rank in course/Men: 4 (of 17)

Best time in course: 17:20

Rank in category: 3(of 4)

Best time in the category: 17:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	4:47	3:27	3	0:22	3	0:22	1.38	4:47	3:27	3	0:22	3	0:22
Lap 2	2.34	8:46	3:44	3	0:31	4	0:31	3.72	13:33	3:38	3	0:52	4	0:52
Last lap Finish	1.28	5:03	3:56	3	0:24	5	0:24	5.00	18:36	3:43	3	1:16	4	1:16