



# 30. Arnstädter Citylauf

Arnstadt / 30.04.2022

## Detailed evaluation

**Limon Martinez, Jessica**

Club: Ilmenau  
Number: 337

Course: 10.00 km  
10-km-Lauf

Category:  
Frauen (20-29 Jahre)

Total time: 56:09

Speed: 10.69 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 50 (of 66)

Rank in course/Women: 11 (of 18)

Best time in course: 41:08

Rank in category: 2(of 2)

Best time in the category: 55:04

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |              | Total ranking |            |              |          |             |           |              |
|-----------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
|                 |          |            |              |          |             | Pos Women   | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1           | 1.67     | 8:36       | 5:08         | 2        | 0:25        | 10          | 1:57         | 1.67          | 8:36       | 5:08         | 2        | 0:25        | 10        | 1:57         |
| Lap 2           | 2.35     | 13:02      | 5:32         | 2        | 0:08        | 11          | 3:29         | 4.02          | 21:38      | 5:22         | 2        | 0:33        | 11        | 5:26         |
| Lap 3           | 2.35     | 13:29      | 5:44         | 2        | 0:02        | 11          | 3:44         | 6.37          | 35:07      | 5:30         | 2        | 0:35        | 11        | 9:10         |
| Lap 4           | 2.35     | 13:22      | 5:41         | 1        | -           | 9           | 3:33         | 8.72          | 48:29      | 5:33         | 2        | 0:31        | 11        | 12:43        |
| Last lap Finish | 1.28     | 7:40       | 5:59         | 2        | 0:34        | 13          | 2:18         | 10.00         | 56:09      | 5:36         | 2        | 1:05        | 11        | 15:01        |