



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Fleischer, Willi

Club: Katholische Laufjugend Arnstadt
Number: 159

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 14:42

Speed: 12.24 km/h
Running performance: 4:54 min/km

Rank in course/Total: 13 (of 30)

Rank in course/Men: 10 (of 14)

Best time in course: 11:44

Rank in category: 5(of 5)

Best time in the category: 11:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	8:24	4:53	5	1:50	12	1:50	1.72	8:24	4:53	5	1:50	12	1:50
Last lap Finish	1.28	6:18	4:55	5	1:09	10	1:17	3.00	14:42	4:53	5	2:58	10	2:58