



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Kaufmann, Corentin

Club: LSV Lok Arnstadt
Number: 155

Course: 3.00 km
McDonald`s 3-km-Lauf

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 14:43

Speed: 12.23 km/h
Running performance: 4:55 min/km

Rank in course/Total: 15 (of 30)

Rank in course/Men: 11 (of 14)

Best time in course: 11:44

Rank in category: 3(of 3)

Best time in the category: 12:17

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	8:18	4:49	3	1:26	10	1:44	1.72	8:18	4:49	3	1:26	10	1:44
Last lap Finish	1.28	6:25	5:00	3	1:00	11	1:24	3.00	14:43	4:54	3	2:26	11	2:59