



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Kuntze, Moritz

Club: Erfurter LAC

Number: 171

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 11:44

Speed: 15.34 km/h

Running performance: 3:55 min/km

Rank in course/Total: 2 (of 30)

Rank in course/Men: 1 (of 14)

Best time in course: 11:44

Rank in category: 1(of 5)

Best time in the category: 11:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	1.72	6:35	3:49	2	0:01	2	0:01	1.72	6:35	3:49	2	0:01	2	0:01
Last lap Finish	1.28	5:09	4:01	1	-	2	0:08	3.00	11:44	3:54	1	-	1	-