



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Anschütz, Maurice

Club: Arnstadt

Number: 20

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 11:49

Speed: 15.23 km/h

Running performance: 3:56 min/km

Rank in course/Total: 3 (of 30)

Rank in course/Men: 2 (of 14)

Best time in course: 11:44

Rank in category: 1(of 1)

Best time in the category: 11:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	6:48	3:57	1	-	3	0:14	1.72	6:48	3:57	1	-	3	0:14
Last lap Finish	1.28	5:01	3:55	1	-	1	-	3.00	11:49	3:56	1	-	2	0:05