



# 30. Arnstädter Citylauf

Arnstadt / 30.04.2022

## Detailed evaluation

**Bergmann, Arne**

Club: HV55 Ilmenau

Number: 1

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 24:08

Speed: 12.43 km/h

Running performance: 4:50 min/km

Rank in course/Total: 9 (of 29)

Rank in course/Men: 7 (of 17)

Best time in course: 17:20

Rank in category: 1(of 2)

Best time in the category: 24:08

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:22	4:36	1	-	9	1:57	1.38	6:22	4:36	1	-	9	1:57
Lap 2	2.34	11:30	4:54	1	-	8	3:15	3.72	17:52	4:48	1	-	8	5:11
Last lap Finish	1.28	6:16	4:53	1	-	7	1:37	5.00	24:08	4:49	1	-	7	6:48