



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Beutke, Arthur

Club: Arnstadt

Number: 153

Course: 3.00 km

McDonald`s 3-km-Lauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 12:02

Speed: 14.96 km/h

Running performance: 4:01 min/km

Rank in course/Total: 4 (of 30)

Rank in course/Men: 3 (of 14)

Best time in course: 11:44

Rank in category: 2(of 5)

Best time in the category: 11:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.72	6:34	3:49	1	-	1	-	1.72	6:34	3:49	1	-	1	-
Last lap Finish	1.28	5:28	4:16	2	0:19	4	0:27	3.00	12:02	4:00	2	0:18	3	0:18