



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

König, Florian

Club: LSV Lok Arnstadt

Number: 8

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 26:45

Speed: 11.21 km/h

Running performance: 5:21 min/km

Rank in course/Total: 17 (of 29)

Rank in course/Men: 12 (of 17)

Best time in course: 17:20

Rank in category: 1(of 1)

Best time in the category: 26:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.38	6:21	4:36	1	-	8	1:56	1.38	6:21	4:36	1	-	8	1:56
Lap 2	2.34	13:06	5:35	1	-	13	4:51	3.72	19:27	5:13	1	-	12	6:46
Last lap Finish	1.28	7:18	5:42	1	-	12	2:39	5.00	26:45	5:20	1	-	12	9:25