



30. Arnstädter Citylauf
Arnstadt / 30.04.2022

Detailed evaluation

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Club: SV Arnstadt 02
Number: 32

Course: 5.00 km
5-km-Lauf

Category:
weibliche Jugend U14 (12-13 Jahre)

Total time: 29:52

Speed: 10.04 km/h
Running performance: 5:58 min/km

Rank in course/Total: 23 (of 29)

Rank in course/Women: 9 (of 12)

Best time in course: 23:41

Rank in category: 1(of 1)

Best time in the category: 29:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	1.38	7:54	5:43	1	-	9	1:57	1.38	7:54	5:43	1	-	9	1:57
Lap 2	2.34	14:09	6:02	1	-	9	2:46	3.72	22:03	5:55	1	-	9	4:41
Last lap Finish	1.28	7:49	6:06	1	-	8	1:30	5.00	29:52	5:58	1	-	9	6:11