



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Hesse, Emil

Club: SV Blau-Weiß Bürgel
Number: 327

Course: 10.00 km
10-km-Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 37:28

Speed: 16.01 km/h
Running performance: 3:45 min/km

Rank in course/Total: 3 (of 66)

Rank in course/Men: 3 (of 48)

Best time in course: 36:19

Rank in category: 1(of 2)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	5:49	3:28	1	-	2	0:01	1.67	5:49	3:28	1	-	2	0:01
Lap 2	2.35	8:29	3:36	1	-	1	-	4.02	14:18	3:33	1	-	1	-
Lap 3	2.35	9:01	3:50	1	-	3	0:25	6.37	23:19	3:39	1	-	3	0:25
Lap 4	2.35	9:13	3:55	2	0:03	6	0:24	8.72	32:32	3:43	1	-	3	0:48
Last lap Finish	1.28	4:56	3:51	1	-	4	0:21	10.00	37:28	3:44	1	-	3	1:09