



30. Arnstädter Citylauf

Arnstadt / 30.04.2022

Detailed evaluation

Lehmann, Julius

Club: LSV Lok Arnstadt
Number: 331

Course: 10.00 km
10-km-Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 38:24

Speed: 15.63 km/h
Running performance: 3:50 min/km

Rank in course/Total: 4 (of 66)

Rank in course/Men: 4 (of 48)

Best time in course: 36:19

Rank in category: 2(of 2)

Best time in the category: 37:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|-------|-------|--------|---|-------|---|----------|-------------|---------|------------|
| | | | | | | Pos Men | Behind Men | km | Time | min/km | | | | | | | |
| Lap 1 | 1.67 | 6:06 | 3:39 | 2 | 0:17 | 4 | 0:18 | 1.67 | 6:06 | 3:39 | 2 | 0:17 | 4 | 0:18 | | | |
| Lap 2 | 2.35 | 9:06 | 3:52 | 2 | 0:37 | 4 | 0:37 | 4.02 | 15:12 | 3:46 | 2 | 0:54 | 4 | 0:54 | | | |
| Lap 3 | 2.35 | 9:04 | 3:51 | 2 | 0:03 | 4 | 0:28 | 6.37 | 24:16 | 3:48 | 2 | 0:57 | 4 | 1:22 | | | |
| Lap 4 | 2.35 | 9:10 | 3:54 | 1 | - | 4 | 0:21 | 8.72 | 33:26 | 3:50 | 2 | 0:54 | 4 | 1:42 | | | |
| Last lap Finish | 1.28 | 4:58 | 3:52 | 2 | 0:02 | 5 | 0:23 | 10.00 | 38:24 | 3:50 | 2 | 0:56 | 4 | 2:05 | | | |