



# 30. Arnstädter Citylauf

Arnstadt / 30.04.2022

## Detailed evaluation

**Voigt, Dominik**

Club: Trailrunning-Crew Thüringen / Erfurt  
Number: 351

Course: 10.00 km  
10-km-Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 40:17

Speed: 14.89 km/h  
Running performance: 4:02 min/km

Rank in course/Total: 7 (of 66)

Rank in course/Men: 7 (of 48)

Best time in course: 36:19

Rank in category: 1(of 9)

Best time in the category: 40:17

### Intermediate times

### Stage score

### Total ranking

| Control         | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |            | Total ranking |            |              |          |             |         |            |
|-----------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
|                 |          |            |              |          |             | Pos Men     | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1           | 1.67     | 6:39       | 3:58         | 2        | 0:07        | 10          | 0:51       | 1.67          | 6:39       | 3:58         | 2        | 0:07        | 10      | 0:51       |
| Lap 2           | 2.35     | 9:29       | 4:02         | 1        | -           | 6           | 1:00       | 4.02          | 16:08      | 4:00         | 1        | -           | 8       | 1:50       |
| Lap 3           | 2.35     | 9:34       | 4:04         | 1        | -           | 7           | 0:58       | 6.37          | 25:42      | 4:02         | 1        | -           | 7       | 2:48       |
| Lap 4           | 2.35     | 9:29       | 4:02         | 1        | -           | 7           | 0:40       | 8.72          | 35:11      | 4:02         | 1        | -           | 7       | 3:27       |
| Last lap Finish | 1.28     | 5:06       | 3:59         | 1        | -           | 7           | 0:31       | 10.00         | 40:17      | 4:01         | 1        | -           | 7       | 3:58       |