



Detailed evaluation

Johannes Nipperdey

Club: Gute Laune Sport e.V.

Number: 662

Course: 3.30 km/Lap

Rennen 5.1 (Jedermann m/w ab U17 ohne Lizenz & ab U19 mit Lizenz)

Category:

Jedermann m (15-39)

Total time: 1:07:20

Speed: 20.50 km/h

Running performance: 2:54 min/km

Laps: 7 (23.1 km / 630 hm)

Rank in course/Men: 1 (of 23)

Rank in category: 1(of 15)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Lap 1	3.30	9:25	2:51	2	2:37	2	2:37	3.30	9:25	2:51	2	2:37	2	2:37
Lap 2	3.30	9:47	2:57	1	-	2	0:05	6.60	19:12	2:54	1	-	1	-
Lap 3	3.30	9:38	2:55	1	-	1	-	9.90	28:50	2:54	1	-	1	-
Lap 4	3.30	9:46	2:57	1	-	1	-	13.20	38:36	2:55	1	-	1	-
Lap 5	3.30	9:38	2:55	1	-	1	-	16.50	48:14	2:55	1	-	1	-
Lap 6	3.30	9:40	2:55	1	-	1	-	19.80	57:54	2:55	1	-	1	-
Lap 7	3.30	9:26	2:51	1	-	1	-	23.10	1:07:20	2:54	1	-	1	-