



Detailed evaluation

Stephan Paul

Club: Chemnitz

Number: 115

Course: 3.30 km/Lap

Rennen 5.1 (Jedermann m/w ab U17 ohne Lizenz & ab U19 mit Lizenz)

Category:

Jedermann m (ab 40)

Total time: 1:08:49

Speed: 17.26 km/h

Running performance: 3:28 min/km

Laps: 6 (19.8 km / 540 hm)

Rank in course/Men: 9 (of 23)

Rank in category: 4(of 8)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.30	12:54	3:54	6	2:09	19	6:06	3.30	12:54	3:54	6	2:09	19	6:06
Lap 2	3.30	11:01	3:20	5	1:19	11	1:19	6.60	23:55	3:37	6	2:19	15	4:43
Lap 3	3.30	11:17	3:25	4	1:25	10	1:39	9.90	35:12	3:33	5	3:44	13	6:22
Lap 4	3.30	11:15	3:24	4	1:20	9	1:29	13.20	46:27	3:31	5	5:04	12	7:51
Lap 5	3.30	11:30	3:29	4	1:21	10	1:52	16.50	57:57	3:30	4	6:25	10	9:43
Lap 6	3.30	10:52	3:17	2	0:32	5	1:12	19.80	1:08:49	3:28	4	6:57	9	10:55