



## Detailed evaluation

Lars Enders

Club: SWV Goldlauter-Heidersbach e.V.

Number: 330

Course: 0.60 km/Lap

Rennen 2 (U11 m/w)

Category:

U11 männlich

Total time: 16:26

Speed: 10.95 km/h

Running performance: 5:28 min/km

Laps: 5 (3 km / 100 hm)

Rank in course/Men: 11 (of 20)

Rank in category: 11(of 20)

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	0.60	4:12	7:00	13	1:17	13	1:17	0.60	4:12	7:00	13	1:17	13	1:17
Lap 2	0.60	3:02	5:03	10	0:37	10	0:37	1.20	7:14	6:01	13	1:54	13	1:54
Lap 3	0.60	3:04	5:06	9	0:33	9	0:33	1.80	10:18	5:43	12	2:24	12	2:24
Lap 4	0.60	3:07	5:11	7	0:23	7	0:23	2.40	13:25	5:35	11	2:47	11	2:47
Lap 5	0.60	3:01	5:01	4	0:28	4	0:28	3.00	16:26	5:28	11	3:15	11	3:15