



Detailed evaluation

Adele Luise Kerst

Club: RSV Adler Arnstadt e.V. | mtb-thüringen.de

Number: 304

Course: 0.60 km/Lap

Rennen 2 (U11 m/w)

Category:

U11 weiblich

Total time: 16:37

Speed: 10.83 km/h

Running performance: 5:32 min/km

Laps: 5 (3 km / 100 hm)

Rank in course/Women: 2 (of 6)

Rank in category: 2(of 6)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.60	4:43	7:51	4	0:23	4	0:23	0.60	4:43	7:51	4	0:23	4	0:23
Lap 2	0.60	3:00	5:00	1	-	1	-	1.20	7:43	6:25	2	0:17	2	0:17
Lap 3	0.60	2:53	4:48	1	-	1	-	1.80	10:36	5:53	2	0:17	2	0:17
Lap 4	0.60	3:03	5:04	2	0:06	2	0:06	2.40	13:39	5:41	2	0:23	2	0:23
Lap 5	0.60	2:58	4:56	1	-	1	-	3.00	16:37	5:32	2	0:23	2	0:23