



bewegungswELT cross-country mountainbiking Arnstadt
MTB-Anlage Espenfeld bei Arnstadt / 25.06.2022

Detailed evaluation

Nikolai Prell

Club: SV Halle Triathlon
Number: 656

Course: 3.30 km/Lap

Rennen 5.1 (Jedermann m/w ab U17 ohne Lizenz & ab U19 mit Lizenz)

Category:

Jedermann m (15-39)

Total time: 1:18:09

Speed: 17.74 km/h

Running performance: 3:22 min/km

Laps: 7 (23.1 km / 630 hm)

Rank in course/Men: 7 (of 23)

Rank in category: 5(of 15)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.30	10:57	3:19	7	4:09	8	4:09	3.30	10:57	3:19	7	4:09	8	4:09
Lap 2	3.30	10:30	3:10	5	0:43	8	0:48	6.60	21:27	3:15	5	2:15	5	2:15
Lap 3	3.30	11:00	3:20	6	1:22	8	1:22	9.90	32:27	3:16	6	3:37	7	3:37
Lap 4	3.30	11:11	3:23	5	1:25	8	1:25	13.20	43:38	3:18	5	5:02	7	5:02
Lap 5	3.30	11:08	3:22	5	1:30	7	1:30	16.50	54:46	3:19	5	6:32	7	6:32
Lap 6	3.30	11:39	3:31	5	1:59	9	1:59	19.80	1:06:25	3:21	5	8:31	7	8:31
Lap 7	3.30	11:44	3:33	5	2:18	7	2:18	23.10	1:18:09	3:22	5	10:49	7	10:49