



Detailed evaluation

Lennox Seifert

Club: RSV Adler Arnstadt e.V. | mtb-thüringen.de
Number: 624

Course: 1.20 km/Lap
Rennen 3 (U13 m/w)

Category:
U13 männlich

Total time: 24:34

Speed: 9.77 km/h

Running performance: 5:07 min/km

Laps: 4 (4.8 km / 200 hm)

Rank in course/Men: 19 (of 24)

Rank in category: 19(of 24)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.20	6:36	5:30	20	2:34	20	2:34	1.20	6:36	5:30	20	2:34	20	2:34	
Lap 2	1.20	5:38	4:41	18	1:45	18	1:45	2.40	12:14	5:05	20	4:19	20	4:19	
Lap 3	1.20	6:00	5:00	18	2:08	18	2:08	3.60	18:14	5:03	19	6:27	19	6:27	
Lap 4	1.20	6:20	5:16	19	2:23	19	2:23	4.80	24:34	5:07	19	8:50	19	8:50	