



## Detailed evaluation

**Paul Pioch**

Club: SV Halle Triathlon

Number: 659

Course: 3.30 km/Lap

Rennen 5.1 (Jedermann m/w ab U17 ohne Lizenz & ab U19 mit Lizenz)

Category:

Jedermann m (15-39)

Total time: 1:13:11

Speed: 15.58 km/h

Running performance: 3:41 min/km

Laps: 6 (19.8 km / 540 hm)

Rank in course/Men: 13 (of 23)

Rank in category: 8(of 15)

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total |         | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Total ranking |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------|---------|-----------------|-------------|----------------|---------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | km    | Time    |                 |             |                | Pos<br>Men    | Behind<br>Men |
| Lap 1   | 3.30        | 11:40         | 3:32            | 10          | 4:52           | 11          | 4:52          | 3.30  | 11:40   | 3:32            | 10          | 4:52           | 11            | 4:52          |
| Lap 2   | 3.30        | 11:32         | 3:29            | 8           | 1:45           | 14          | 1:50          | 6.60  | 23:12   | 3:30            | 8           | 4:00           | 13            | 4:00          |
| Lap 3   | 3.30        | 11:58         | 3:37            | 8           | 2:20           | 13          | 2:20          | 9.90  | 35:10   | 3:33            | 8           | 6:20           | 12            | 6:20          |
| Lap 4   | 3.30        | 12:30         | 3:47            | 7           | 2:44           | 12          | 2:44          | 13.20 | 47:40   | 3:36            | 8           | 9:04           | 13            | 9:04          |
| Lap 5   | 3.30        | 12:26         | 3:46            | 7           | 2:48           | 12          | 2:48          | 16.50 | 1:00:06 | 3:38            | 7           | 11:52          | 12            | 11:52         |
| Lap 6   | 3.30        | 13:05         | 3:57            | 8           | 3:25           | 13          | 3:25          | 19.80 | 1:13:11 | 3:41            | 8           | 15:17          | 13            | 15:17         |