



Detailed evaluation

Paul Pioch

Club: SV Halle Triathlon

Number: 659

Course: 3.30 km/Lap

Rennen 5.1 (Jedermann m/w ab U17 ohne Lizenz & ab U19 mit Lizenz)

Category:

Jedermann m (15-39)

Total time: 1:13:11

Speed: 15.58 km/h

Running performance: 3:41 min/km

Laps: 6 (19.8 km / 540 hm)

Rank in course/Men: 13 (of 23)

Rank in category: 8(of 15)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.30	11:40	3:32	10	4:52	11	4:52	3.30	11:40	3:32	10	4:52	11	4:52
Lap 2	3.30	11:32	3:29	8	1:45	14	1:50	6.60	23:12	3:30	8	4:00	13	4:00
Lap 3	3.30	11:58	3:37	8	2:20	13	2:20	9.90	35:10	3:33	8	6:20	12	6:20
Lap 4	3.30	12:30	3:47	7	2:44	12	2:44	13.20	47:40	3:36	8	9:04	13	9:04
Lap 5	3.30	12:26	3:46	7	2:48	12	2:48	16.50	1:00:06	3:38	7	11:52	12	11:52
Lap 6	3.30	13:05	3:57	8	3:25	13	3:25	19.80	1:13:11	3:41	8	15:17	13	15:17