



bewegungsWELT cross-country mountainbiking Arnstadt
MTB-Anlage Espenfeld bei Arnstadt / 25.06.2022

Detailed evaluation

Janek Nowak

Club: RSV Frankenberg
Number: 427

Course: 1.60 km/Lap
Rennen 4 (U15 m/w)

Category:
U15 männlich

Total time: 35:44

Speed: 18.47 km/h

Running performance: 3:11 min/km

Laps: 7 (11.2 km / 420 hm)

Rank in course/Men: 8 (of 18)

Rank in category: 8(of 18)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	1.60	5:19	3:19	8	0:26	8	0:26	1.60	5:19	3:19	8	0:26	8	0:26	
Lap 2	1.60	4:51	3:01	7	0:28	7	0:28	3.20	10:10	3:10	8	0:54	8	0:54	
Lap 3	1.60	4:59	3:06	8	0:42	8	0:42	4.80	15:09	3:09	8	1:36	8	1:36	
Lap 4	1.60	5:17	3:18	12	0:59	12	0:59	6.40	20:26	3:11	8	2:35	8	2:35	
Lap 5	1.60	5:14	3:16	9	0:52	9	0:52	8.00	25:40	3:12	8	3:27	8	3:27	
Lap 6	1.60	5:04	3:09	7	0:39	7	0:39	9.60	30:44	3:12	8	4:06	8	4:06	
Lap 7	1.60	5:00	3:07	7	0:42	7	0:42	11.20	35:44	3:11	8	4:48	8	4:48	